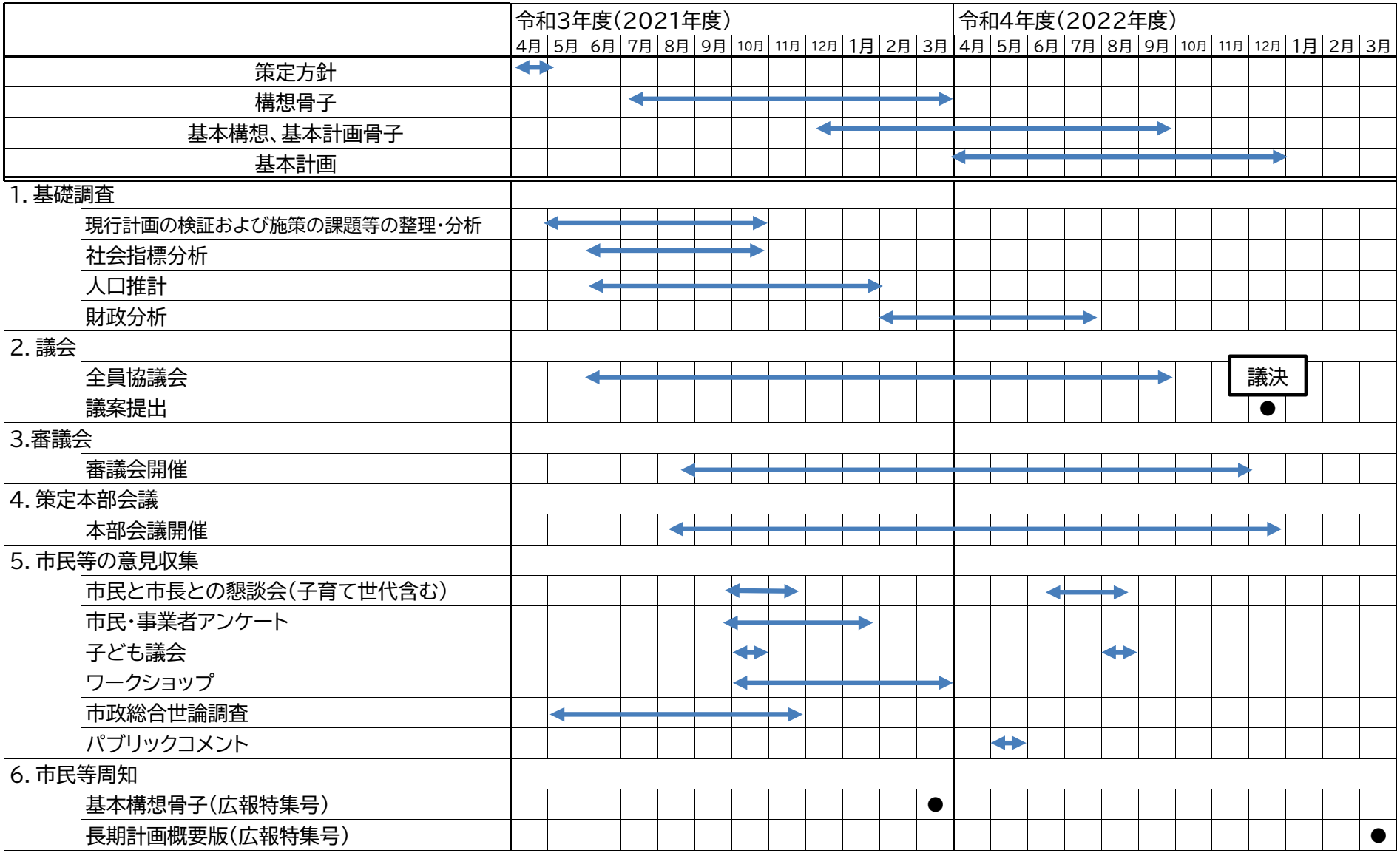第7次総合長期計画　策定スケジュール