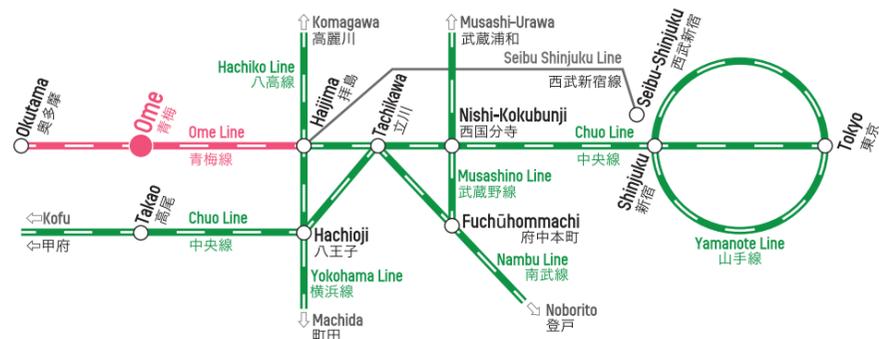


## Access by Train

- About 1 hour from Shinjuku Station:  
[Chuo Line] Rapid Train bound for Ome, or [Chuo Line] with transfer at Tachikawa Station
- About 1 hour 20 min from Machida Station:  
[Yokohama Line] transfer at Hachioji Station → [Hachiko Line] transfer at Haijima Station
- About 1 hour 40 min from Omiya Station:  
[Musashino Line] transfer at Nishi-Kokubunji Station → [Chuo Line] transfer at Tachikawa Station

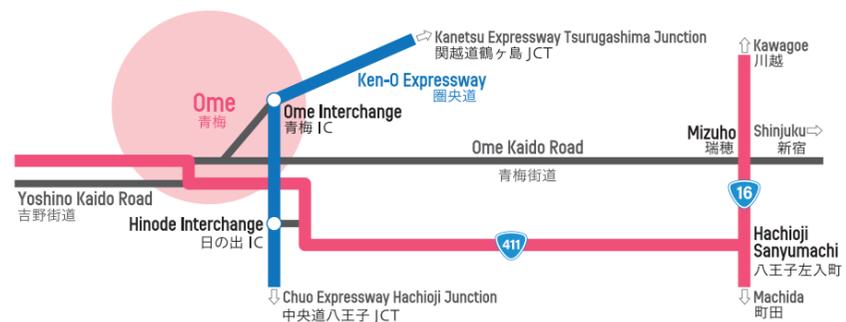


[JR Ome Line]  
Ome Station

For Inquiries: JR East Infoline ☎050-2016-1603 Seibu Railway Customer Center ☎04-2996-2888

## Access by Car

- From Tokyo:  
[Chuo Expressway] Hachioji Junction → [Ken-O Expressway] Hinode Interchange → [National Route 411]
- From Machida:  
[National Route 16] → [National Route 411]
- From Omiya:  
[Kanetsu Expressway] Tsurugashima Junction → [Ken-O Expressway] Ome Interchange



## For Sightseeing Inquiries

Ome City Tourist Information ☎0428-20-0011 9:30 to 17:00  
(Closed Mondays and during Year-end and New Year holidays)

Association of Ome-City Sightseeing ☎0428-24-2481 [Website] <http://www.omekanko.gr.jp>



Introduction of  
Ome Blue



Planning: Ome! Tourism Strategy Creation Project Committee

Publishing: Ome City Commerce, Industry and Tourism Division  
1-11-1 Higashi-Ome, Ome-shi, Tokyo 198-8701 ☎0428-22-1111

\*Information in this pamphlet is current as of November 2020. Contents are subject to change,  
so please contact by phone or other means in advance to confirm.

\*Travel time may vary depending on traffic conditions. \*Prices are tax inclusive unless otherwise specified.

\*Maps in this pamphlet were created with the approval of the Director General of the Geospatial Information Authority of Japan (GSI), using the GSI's 1:25,000 scale topographical map.  
(Authorization No. 307-GISMAP36926, 2016 Data)



Tokyo Ome



Ome City  
Sightseeing Guide



Ome Blue

The background is the woven Ome-jima stripes, recreated with the same technique from Edo era



  
**Ome Blue**

—Ome Blue is a blend of the history and tradition of Ome—

Once a textile dyed in blue, which is popular in Edo, it is the "Ome-jima stripes" woven from this area.

The colors of blue and textiles, stills, temples, art and food grow deeper with each dyeing..Ome is a rich natural weaving of history and culture.

The blue color of "Ome Blue" is the blue of the "Ome-jima stripes", the blue of the blue sky, the mountain stream, the new green leaves of early summer and the fresh produce, above all, it represents the "blue" of Ome.

The history, tradition and culture of the people born and raised here are woven, and a message is also being entrusted to go to Ome for now and in the future.



  
**Revival of the Village of Plum Blossoms**

Yoshino Baigo, selected as the No.1 place in Japan for plum blossom viewing. Plum blossoms are the symbol and pride of Ome.

In 2009, plum pox virus was detected for the first time in Japan amongst Ome's plum trees, meaning that over 30,000 trees had to be cut down, but in autumn of 2016, thanks to the valiant efforts of a large number of people, the plum trees have been replanted and the area took the first step on the road to recovery. Transforming the former "village of plum blossoms" into a new plum blossom village filled with attraction and impression...

The people of Ome—local citizens, groups, businesses—are working together to achieve such aim.

# Relaxed & Fun-filled Hiking Plan

Duration: 2 Days 1 Night

Go for a leisurely hike on Mt. Mitake—minimal ups and downs make it great even for beginners. After exercising, soak in a hot spring bath and recharge.

## 1 Mt. Mitake Hiking

Details on P9,10 →

See and get in touch with a breath of wild birds and plant life



No.1 sacred mountain in the Kanto region



Musashi Mitake Shrine — where visitors can pray for their pets



The steepest cable car in the Kanto region

## 2 Lunch on Mt. Mitake

Take a break from hiking to enjoy lunch

Break for a picnic at "Nagaodaira Outlook," a rest spot which commands picturesque views of the Tama area. Or, take your rest at the mountaintop shopping arcade and savor a meal of soba noodles with stone-ground walnut dipping sauce.



Break and picnic at Nagaodaira Outlook



"Momijiya" located in the Mitakesan shopping arcade on the approach to Musashi Mitake Shrine. Soba with Walnut Dipping Sauce

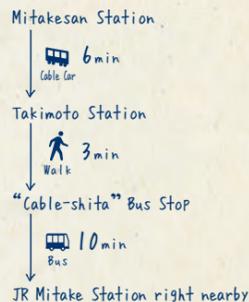


Buy souvenirs at the Cable Car Takimoto Station shop!



## 1 Mt. Mitake Hiking

## 2 Lunch on Mt. Mitake



## 5 Yoshikawa Eiji House & Museum

MAP D-3

吉川英治記念館  
 Residence of a Japanese Novelist



Literary master Eiji Yoshikawa was an honorary citizen of Ome City, and lived in this former village headman's house for about 10 years, taking shelter during the war. His literary work New Tale of the Heike was penned in this place, and the study in the house is preserved just as it was.

🏠 1-101-1 Yugimachi, Ome-shi ☎ 0428-74-9477

🚶 15-min walk from JR Futamatao Station / Toei Bus from JR Ome Station bound for "Yoshino" or "Gyokudo Art Museum Junkan" loop bus; get off at "Yugi" bus stop. 1-min walk from there.

🕒 10:00 to 17:00 (Enter by 16:30)

🚫 Closed Mondays (Closed weekdays instead if Monday is a holiday) and during the New Year holidays.

💰 Adults ¥500 (¥400) / Under Middle School Student (15 and under) ¥200 (¥150)

\* ( ) designates price for groups of 20 or more

Or try...

## Plum Tree Park 梅の公園

Details on P13 →



🚶 26 min OR 🚗 10 min

## 4 Okutamaji

おくたま路 Details on P24 →

A relaxing stay in a tranquil inn

Unwind and spend a time at a Japanese-style inn enveloped by green foliage and a clear stream of the Tama River. Fully revive your tired body in the alkaline hot spring baths, which flow out from Okutama.



Guestroom windows give way to a magnificent scenery

Details on P11,12 →

## 3 Stroll the Mitake Valley Promenade

Experience the beauty of the rushing river and trees with a leisurely stroll



Amble at your own pace down Mitake Valley's promenade. Please stop by the valley's sightseeing spot, Ozawa Sake Brewery, and a resting spot, Imoutoya Restaurant & Café.

## Ozawa Sake Brewery 小澤酒造

Details on P12 →



## Imoutoya いもうとや

MAP J

🏠 1-2-5 Mitake, Ome-shi ☎ 0428-78-7230

🚶 5-min walk from JR Mitake Station

🕒 [Café] 10:30 to 16:30 (Last Call 16:00)

[Shop] 10:30 to 16:30 [Light Meals] 11:00 to 16:30 (Last Call 15:00)

🚫 Closed Mondays (Closed Tuesday instead if Monday is a holiday) Also has other extra holidays



Matcha Green Tea (with confectionery) ¥520

# Ome Full-Value Active Plan

Duration: 2 Days 1 Night

River activities in the Mitake Valley or Stay overnight at Mitake Mountain with a cycling tour. There are lots of plans to enjoy the rich nature of Ome.

## 1 Stroll the Mitake Valley Promenade

Autumn foliage here is also superb

Details on P11,12 →



From  
JR Mitake Station  
Walk 5 min

## 2 Rest at a Café

Take a break while overlooking Mitake Valley



**Café Yao9** MAP J  
やお九  
While enjoying the magnificent views of the four seasons, enjoy a sweet taste of love made from the best ingredients of our passion.

266 Mitake Honcho, Ome-shi  
☎ 0428-78-8411  
📍 2-min walk from Mitake Station  
🕒 11:00 to 18:00  
Closed Wednesday and Thursday  
<http://yao9.main.jp/>

## 3 Mt. Mitake Hiking

Enjoy at your own pace

Details on P9,10 →



A clear stream trickles between mossy rocks in the Rock Garden



### Sommelier of the Sky Nagao Chaya

MAP I  
天空のソムリエ長尾茶屋  
The "sommelier of the sky" runs this café, which is only opened on weekends. Warm up with a glass of hot wine while enjoying the magnificent view. The coffee, made with water from Mitake, is also recommended.



Coffee



Hot wine

🏠 Nagaodaira, Mitakesan, Ome-shi  
☎ Café: 0428-74-9467 /  
Mobile: 080-1130-7180  
📍 28-min walk from Mitakesan Cable Car Station  
🕒 11:00 to 16:00



Cable Car Mitakesan Station

Or try...

### River Activities

Details on P11 →



## 4 Temple Lodging Stay

Cleanse mind and body with a temple stay

Details on P10 →



## 6 Bicycle Rental 'MINACLE'

Take an E-Bikes for a ride

Details on P16 →



There are seven return locations, including JR Ome Station and JR Kawabe Station. There are also return locations around Okutama Station. You can stretch out where you want to go west and east. All bicycles are powered by electric assist, making it easy to climb up the hill. A bicycle with front basket is convenient for to buy souvenirs.

## 5 Night Hike

A special space waiting for You

Details on P9,10 →



If you stay at Shukubo, Why not go experiencing the Night Hike. You can see the night lights and the stars of the city, why not go look for a spectacular spot. \*Night roads are dark and dangerous, bring a LED flashlight to keep your visible well.

Recommended Course 3

# Family Plan for All Ages

Duration: 2 Days 1 Night

In addition to colorful flowers and trees, enjoy exciting activities and experiences for everyone from kids to adults, such as mushroom picking, an adventure playground, and more! This course offers the best of Ome's nature.

## 1 Ome Railway Park

青梅鉄道公園

Adults and children alike will be thrilled by the outdoor train exhibits!

JR Ome Station  
Walk 12 min  
Railway Park



## 2 Showa Retro Goods Museum

昭和レトロ商品博物館

Nostalgic for adults, brand new for children



## 3 Mushroom Picking & Mushroom Restaurant

Pick your own mushrooms for a fun and delicious experience

**Uchinuma Mushroom Garden** 内沼きのこ園  
Mushrooms are cultivated in the traditional and natural method—on logs. Shiitake mushrooms are grown year-round, and maitake, kuritake, hiratake (oyster), nameko mushrooms and more are in season in autumn. Delicious light meals are sure to delight mushroom fans at a mushroom specialty restaurant "Pirutsu" inside the garden, which offers dishes including pizza and pasta!

MAP F-1  
1-90 Nariki, Ome-shi ☎ 0428-74-4528  
From JR Higashi-Ome Station, take the Toei "Nariki Junkan" loop bus and get off at "Nariki-Ichhome-Yotsukado" bus stop. About 5 min on foot from there. / From JR Hanno Station, 8 min via taxi, or take the Kokusai Kogyo Bus bound for "Mano-Kurozasa" and get off at "Nariki-Ichhome-Yotsukado" bus stop. About 5 min on foot from there.  
◎ 10:00 - 17:00 Closed Tuesdays (Closed Tuesdays and Wednesdays from June to August)  
◎ [Admission Fee] Adult ¥200 / Child ¥100 (Pay additional ¥300+tax/100g of picked mushrooms) [Charcoal Grill] ¥200/person (A small charcoal grill with coals, gridiron, chopsticks, plate, and condiments are provided. Grilling of foods other than picked mushrooms not allowed.)



Mushrooms cultivated on logs

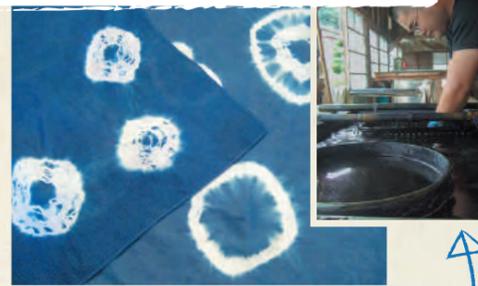


"Pirutsu" Café/Restaurant



## 6 Indigo Dyeing Experience

Make your original piece



Drive 20 min

## 5 Iwakura Onsen

岩蔵温泉郷

Hot spring source designated as Ome City historical site



Top: Autumn foliage from a guestroom at Mamadaya Inn  
Bottom: Guestroom of Mamadaya Inn

Drive 11 min

## 4 Shiofune Kannonji Temple

Be greeted by azaleas in spring, and Japanese bush clovers and red spider lilies in autumn



Drive 17 min

Or try...

### Fukiage Iris Park

吹上しょうぶ公園



Drive 19 min

Or try...

### Kabokuen Park

MAP F-2 花木園



Various types of flowers and trees grow in this park, which allows you to enjoy nature throughout the seasons. The wooden compound adventure playground equipment and 211-meter-long roller slide are hugely popular with everyone from kids to adults!

☎ 4-2615-1 Osoki, Ome-shi  
☎ 0428-22-1111 (Ome City Parks & Greenery Division)  
From JR Higashi-Ome Station, take the Toei "Nariki Junkan" loop bus or Seibu Bus bound for "Hanno-eki Minamiguchi" and get off at "Osoki Shinryojo" bus stop. 10 min on foot from there.  
◎ Free

High quality towels for souvenirs!

### Hotman Towels

Details on P15 →



Vivid walking towels ¥1,404/ea.

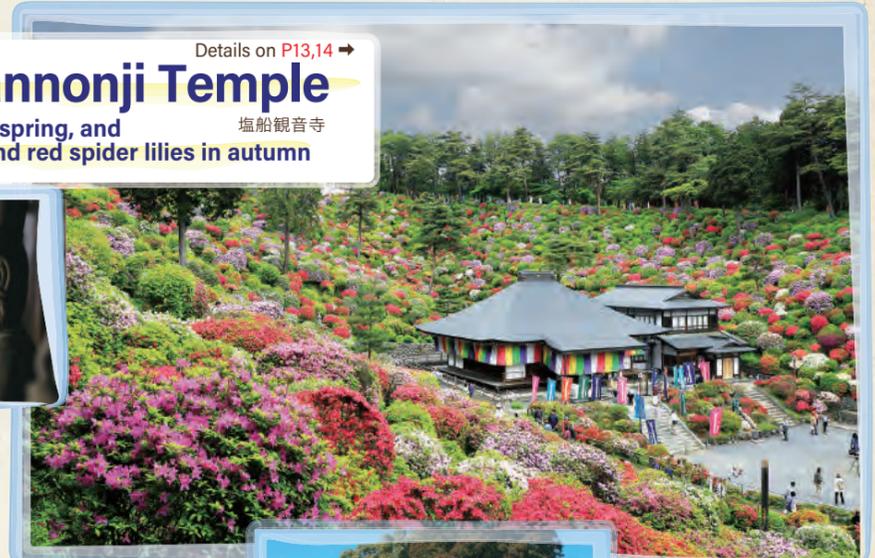
Purchase at "Hotman Factory Shop Ome" next to indigo dyeing workshop "Kosoen," or at "Hotman Ome Shop."

### Nighttime Firefly Watching

(Late June to early July)



The fireflies' mysterious light is a seasonal reminder of early summer. Try watching the Japanese fireflies which appear along the Nariki River. Shuttle via microbus is available from ryokan (Japanese style inns) in the area.



Top left: Twenty-eight Attendants of Senju-Kannon  
Top right: Shin-Gomado Koseikaku Hall  
Bottom: Temple Gate

# Leisurely Hiking on Mt. Mitake!

Mt. Mitake is popular even with beginner hikers. The cable car lets visitors enjoy hiking without getting exhausted. The summit of Musashi Mitake Shrine is the most sacred place in the Kanto region. The top also attracts an attention as a "power spot," thought to be flowing with mystical energy.

Full of nature where flying squirrels live



## Leisurely Enjoy the mountain via Cable Car



It takes about 6 min from Takimoto Station to Mitakesan Station, covering a distance of 1,107m and climbing up 424m in elevation. 7:30 to 18:30.

## Mini hike in Tokyo!

### Mt. Mitake

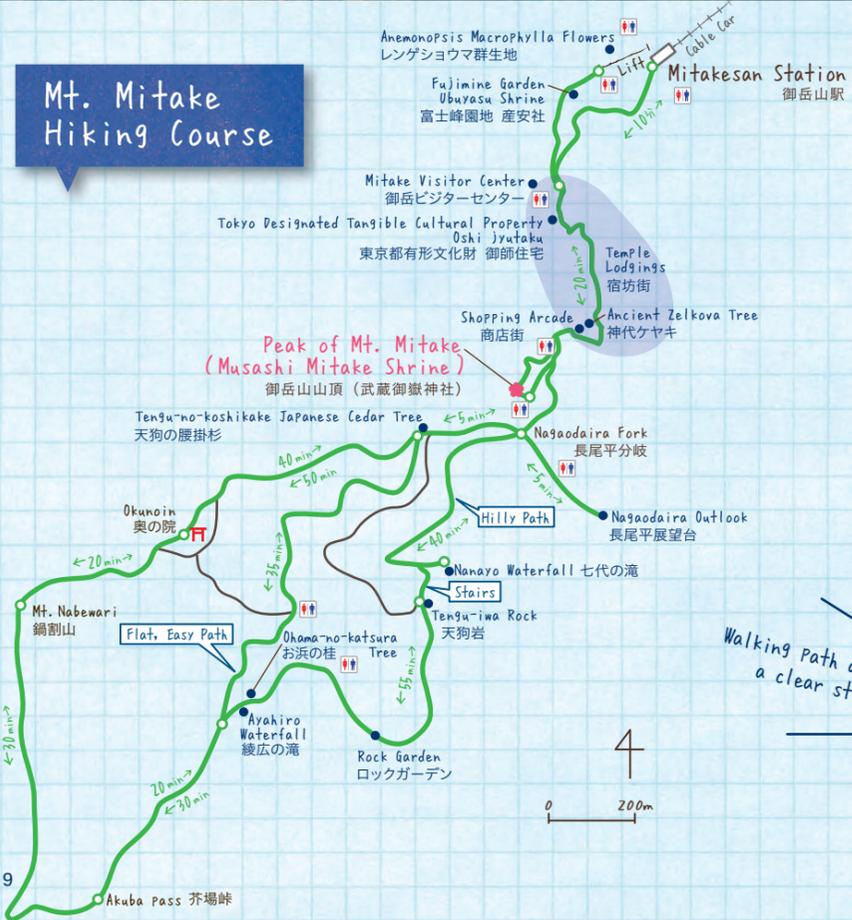
Mt. Mitake is 929m high and has been worshipped as a sacred mountain for ages. From Mitake-daira and the shrine, views as far as Tokyo's skyscrapers, Tokyo Skytree, Yokohama Landmark Tower, Mt. Tsukuba and the Boso Peninsula can be enjoyed. Everyone from children to the elderly can casually enjoy walking around the mountain. The 1.5km section from Tengu-iwa Rock to Aya-hiro Waterfall is a popular hiking course known as the Rock Garden.

Rock Garden ロックガーデン



Walking path along a clear stream

## Mt. Mitake Hiking Course



## Four-legged friends are welcomed!

### Musashi Mitake Shrine

Located on the peak of Mt. Mitake. It is told that Japanese monk Gyoki enshrined a statue of Zao Gongen, the main avatar of worship in the Shugendō religion, in this spot in the year 736, and the temple has flourished as a holy spot since ancient times. Influential figures and warriors alike worshipped reverently here from the Heian to Edo periods, and many number of suits of armor and swords have been presented as offerings. These precious cultural artifacts, including some national treasures, can be seen in the Treasure Hall. Since a god Ōguchi Magami (deified Japanese wolf) is called "Oinu-sama (sacred dog)," this place has long been associated with dogs, and people can be seen bringing their fuzzy friends along for a shrine visit.

- 176 Mitakesan, Ome-shi
- 0428-78-8500
- 30-min walk from Mitakesan Cable Car
- Reception hours for prayers are 9:00 to 16:00, No holidays (The Treasure Hall is open from 9:30 to 16:00. Closed on weekdays)
- Free (Treasure Hall admission is ¥500)



Dog good luck charm ¥800



Pet good luck charm ¥800



Dog emblem ¥300

## Daidai Kagura Shinto Theatrical Dance



A type of performance presented before Shinto gods, and passed down through the families of Shinto priests for generations since the Edo period. Dances accompanied by music from traditional Japanese instruments are carried out in dedication to the gods. This performing art is an Intangible Cultural Property of Tokyo.

[Public Viewing]  
 At the shrine's Kagura Hall  
 3rd Sunday in June from 11:00 / On Health and Sports Day in Oct. from 11:00 / 4th Sunday of the month from June to Nov. from 20:00

[Takigi Kagura]  
 Torii Gate Area  
 \*Please inquire for schedule

## Feel refreshed by purifying both body and soul!

### Temple Lodging

On Mt. Mitake, a mountain of worship, there are over 20 temple lodgings. Originally these were places for worshippers to stay, but in recent years more of them are accepting tourists as guests. Some temple lodgings offer experiences you won't find anywhere else, such as pre-breakfast purification rituals and

waterfall meditation. Most temple lodgings here have rooms and baths similar to a normal Japanese inn, and meals are not Buddhist vegetarian cuisine but rather local fare, making it easy for first timers to stay.



Pictured is Komadori Sanso. Guests can experience pre-breakfast purification rituals and waterfall meditation. Individual travelers, families, and even camps are welcome. Japanese cypress bath available.

## Temple Lodging List

A wide variety of lodgings are available; those with thatched roofs designated as Tangible Cultural Property of Tokyo, those fully equipped with Internet access, or those with private baths that command a view above the clouds. Breathe in the crisp mountain air and spend a relaxing time.

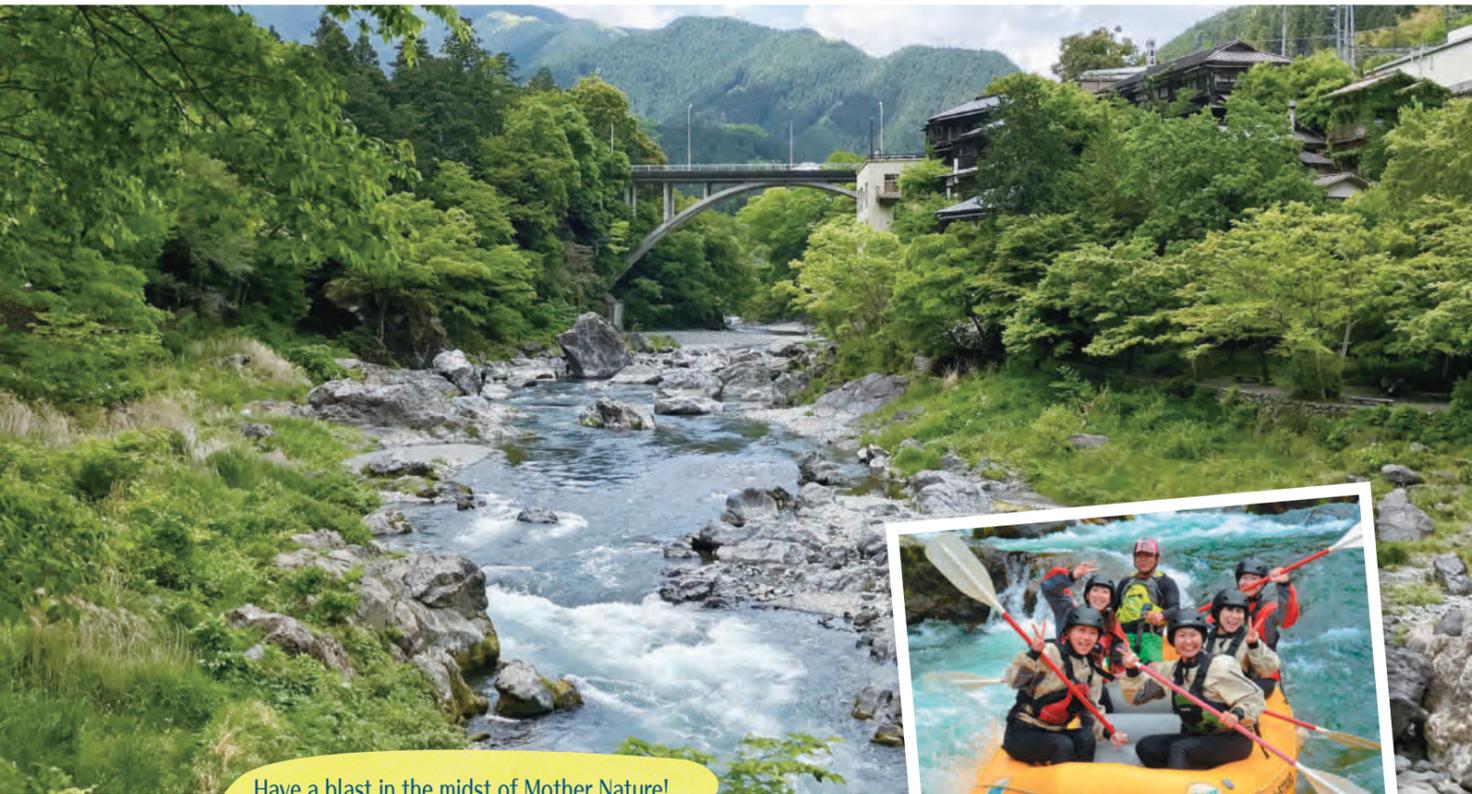
- |                                       |                             |
|---------------------------------------|-----------------------------|
| 1 Akiyama-sou<br>1 秋山荘                | 13 Nobori<br>13 能保利         |
| 2 Ikoi-san-sou<br>2 憩山荘               | 14 Harashima-sou<br>14 原島荘  |
| 3 Utsu-boya-sou<br>3 うつぼや荘            | 15 Fujimoto-sou<br>15 藤本荘   |
| 4 Katayanagi-sou<br>4 片柳荘             | 16 Houjukaku<br>16 宝寿閣      |
| 5 Higashibaba<br>5 東馬場                | 17 Machikubota<br>17 町久保田   |
| 6 Komadori Sanso<br>6 駒鳥山荘            | 18 Machiya<br>18 麻知家        |
| 7 Sanraku-sou<br>7 山楽荘                | 19 Maruyama-sou<br>19 丸山荘   |
| 8 Sanko-sou<br>8 山香荘                  | 20 Mitake Sansou<br>20 御岳山荘 |
| 9 Seizan-sou<br>9 静山荘                 | 21 Nanzan-sou<br>21 南山荘     |
| 10 Takana-sou<br>10 高名荘               | 22 Yamanaka-sou<br>22 山中荘   |
| 11 Tonari-sou<br>11 登奈利荘              | 23 Reiu-sou<br>23 嶺雲荘       |
| 12 Nishisuzakibo Kuraya<br>12 西須崎坊 蔵屋 |                             |

Please see P.24 for details →



# Enjoy the River in Picturesque Mitake Valley!

Located in the upper reaches of the Tama River, Mitake Valley is a picturesque area selected as one of Japan's 100 Exquisite and Well Conserved Waters. Enjoy carefree river activities such as fishing, canoeing, and rafting. Nearby art museum or sake brewery are also recommended for strolling.



Have a blast in the midst of Mother Nature!



## River Activities

Mitake Valley is blessed with great water quality, perfect for enjoying river activities including fishing, canoeing, kayaking, and rafting. Lure fishing, fly fishing, and bait fishing can all be enjoyed, and fresh-caught rainbow trout, cherry salmon, or other catch can be barbecued. With homey canoe lessons that even children can enjoy, everyone from kids to adults and experienced outdoorsmen are sure to be satisfied!

### 1 Okutama Fishing Center

1 奥多摩フィッシングセンター (Fishing / Barbecue)

2-333 Mitake, Ome-shi ☎0428-78-8393

15-min walk from Mitake Station (JR Ome Line) / By car: Take the Ome Kaido Road (National Route 411). Yoshino Kaido Road (Route 54) is closed.

7:00 to 16:00 (7:30 to 16:00 from Dec. to Feb.) Closed Thursdays from Dec. to Feb. and during year-end and New Year holiday period. Also has other extra holidays.

Bait fishing ¥3,300 (All-you-can-fish), Lure & fly fishing ¥3,700 (High school students and under and females ¥3,150)

100 spaces

MAP J



### 2 Gravity 2 グラビティ (Kayaking)

3-787-9 Yugimachi, Ome-shi ☎0428-76-0981

### 3 Mitake Racerafting Club

3 みたけレースラフティングクラブ (Rafting / Ducky)

359 Mitake Honcho, Ome-shi ☎0428-74-9453

### 4 Tamagawa Rafting Winds

4 多摩川ラフティング winds (Rafting / Shower Climbing / Ducky)

2-411-1 Yugimachi, Ome-shi ☎0428-85-9210

### 5 Big Wave Ome 5 洄ビッグウェーブ青梅店 (Rafting / Canyoning)

3-1161 Tomioka, Ome-shi ☎0428-74-9100



Please see P.24 for a list of companies →

Renowned sake from pristine Tama Water

## Ozawa Sake Brewery (Sawanoi)

小澤酒造(澤乃井)

Ozawa Sake Brewery, well known for its "Sawanoi" brand brew. Tour the brewery where over 300 years of sake-making traditions are passed down through the generations. After touring the brewing process of this local Tokyo sake made with Okutama spring water, have a toast at the Sake Tasting Bar or at Seiryu Garden Sawanoi-en with a view of the valley!

### Ozawa Sake Brewery [Sake Brewery Tour]

Free. Reservation Required 小澤酒造(酒蔵見学)

2-770 Sawai, Ome-shi

[Reservation] General (1 to 10 people) 0428-78-8210 Group (11 people or more) 0428-78-8215

5-min walk from JR Sawai Station

4 times daily (11:00, 13:00, 14:00, 15:00)

Duration: 45 min, tasting sessions included

\*Groups (11 or more) are generally only admitted on weekdays

Duration: 30 min, no taste-testing

Closed Mondays (Closed Tuesday instead if Monday is a holiday)

### Sake Tasting Bar Charges apply きき酒処

0428-78-8210

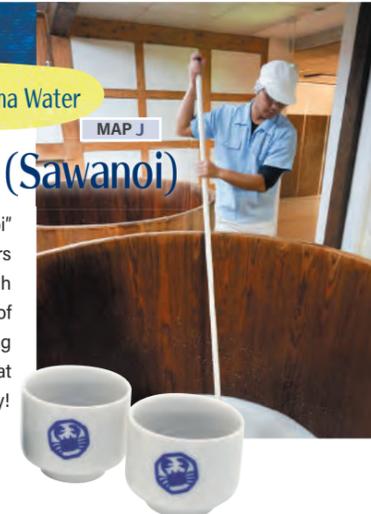
10:30 to 16:30 Closed Mondays (Closed Tuesday instead if Monday is a holiday)

### Sawanoi-en Garden [Shop & Snacks] 澤乃井園

0428-78-8210

10:00 to 17:00 (Snacks 11:00 to 16:00)

Closed Mondays (Closed Tuesday instead if Monday is a holiday)



90 ml sake tasting cup included at the Sake Tasting Bar



Sawanoi-en Garden with a view of Mitake Valley



Left: Daiginjo "Ko" Right: Junmai Ginjo "Tokyo Kurabito"

## Sawanoi 'Kurabiraki'



An event held every year when newly-made sake is released. The brewery and local community collaborate with the theme of people getting in touch with nature, culture, and one another. We hope we can provide everyone with a fun time while they enjoy new, freshly-made sake. Also, on the event day all our facilities will be connected via a loop bus with events held at each location.

[Events] Komomaki, Kagami-biraki, sake offering, special in-warehouse tasting session booth, food stall area, live stage, workshop, and more

The event is scheduled for Saturday after shinshu (new brew of sake) is ready

## Enjoy the fantasy space



## Light-up of Autumn Colors in the Mitake Valley

御岳渓谷紅葉のライトアップ

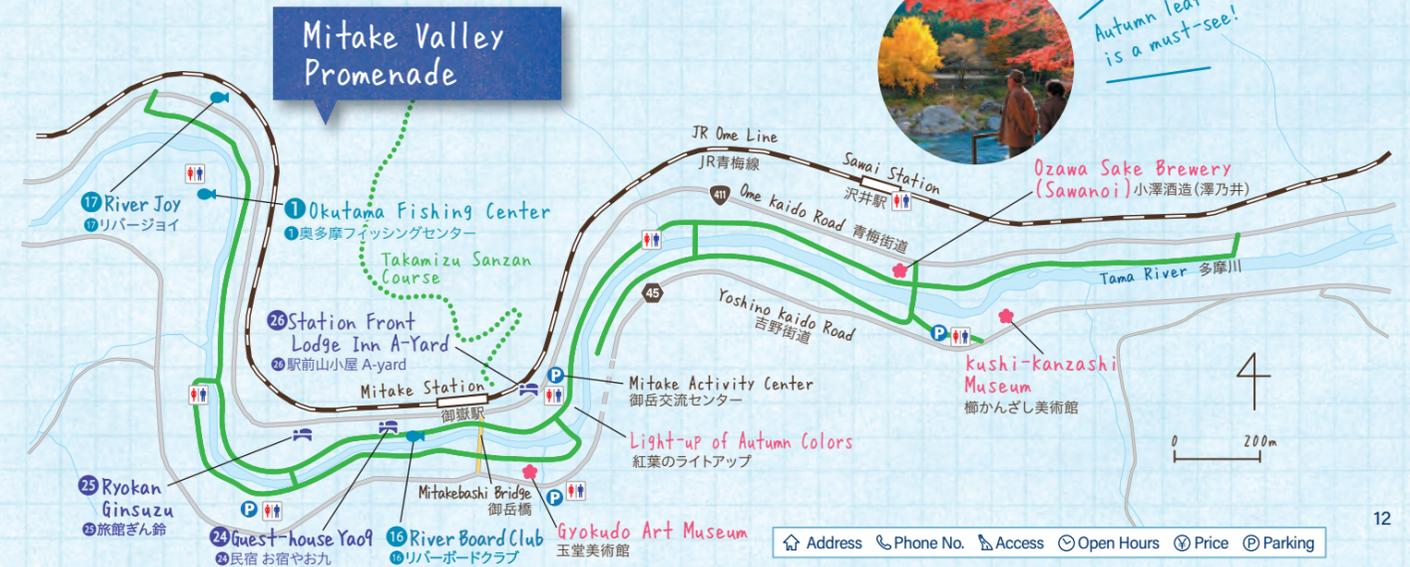
Period: Early to late November

A valley with white waves sewn through giant rocks, a colorful fall-leaf arch, and more, enjoy the magnificent night view of nature.

Promenade Around the JR Mitake Station

Free

Mitake Activity Center (requires a fee)



# Admire Seasonal Blossoms!

Fulfill your urge for flower fields at Shiofune Kannonji, which boasts about 20,000 azaleas, and Fukiage Iris Park which has over 250 kinds of iris. Seasonal blossoms are waiting for you at Plum Tree Park and Kasumikyuryo Hiking Course.

To a new plum blossom village

## Plum Tree Park

梅の公園 MAP D-3

March



Yaekanko Plum Blossoms



A tree-planting ceremony in 2016

The official mascot of Ome city (a fairy of Ume)



The park had no choice but to fall all of its plum trees when a plum disease was detected, but plum trees were planted again starting from autumn of 2016. Though the trees are still quite young, the park aims to become the No.1 plum blossom sightseeing spot in Japan with the help of the local community.

- 📍 4-527 Baigo, Ome-shi
- ☎ 0428-22-1111
- 🚶 15-min walk from JR Hinatawada Station / Or take the Toei Bus bound for "Yoshino" from JR Ome Station and get off at "Yoshino Bairin" bus stop, 2 min on foot from there.
- 🕒 Open admission
- 🅐 None, the parking lot can only be used during the Ume(plum) festival



Shin-Gomado Koseikaku Hall

## Refreshing Nature Course

MAP F-3, F-2, G-2

## Kasumikyuryo Hiking Course

霞丘陵ハイキングコース

September to October



Lycoris Blossoms (Best viewed in October)

Hike from Kasumikyuryo Nature Park, which is behind Shiofune Kannonji Temple, to Iwakura Onsen. This is an easy walking course with gentle slopes

- 📍 Kasumikyuryo Nature Park to Iwakura Onsen
- 🚶 35-min walk from JR Kabe Station (Kasumikyuryo Nature Park side Starting Point)
- 🕒 None
- ⌚ Time Required: About 2 hours

## A breeze of early summer invites you in

## Fukiage Iris Park

MAP F-3

May to June

吹上しょうぶ公園

Located in one corner of Kasumikyuryo, this park takes an advantage of a 'yato' (a valley-like formation created by erosion in the hill country) surrounded by the Katsunuma Jyoshi Historical Environmental Conservation Area. During the Fukiage Iris Festival from late May to late June, over 250 types of iris bloom rampantly throughout the park. A wide palette of purple, white, blue, pink, and yellow blossoms await.

- 📍 425 Fukiage, Ome-shi
- ☎ 0428-22-1111(Ome City Parks & Greenery Division)
- 🚶 15-min walk from JR Higashi-Ome Station / From JR Kabe Station, take the Toei "Shiofune Junkan" loop bus or bus bound for "Urajukucho" and get off at "Fukiage Shobu-Koen Iriguchi" bus stop / By car: 15 min from Ken-O Expressway Ome Interchange
- 🕒 9:00 to 17:00 Closed Wednesdays and Dec. to Feb. Open for the entire Fukiage Iris Festival period
- 🎫 Festival Period: Adult ¥200 / Elementary student and under: Free
- 🅐 Charges apply during festival period

Colorful picturesque scenery!

## Shiofune Kannonji Temple

塩船観音寺

MAP F-3

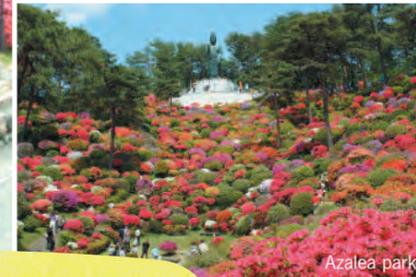
April to May

Step onto the grounds of an ancient temple, built in the Muromachi period and known now as a temple of flowers and history. Its Main Hall and Amida Hall are Important Cultural Properties. Approximately 17,000 azaleas bloom proudly from mid-April to early May during the Azalea Festival. Flowers are in bloom in other seasons as well, including hydrangeas, Japanese bush clovers and red spider lilies.

- 📍 194 Shiofune, Ome-shi
- ☎ 0428-22-6677
- 🚶 35-min walk from JR Kabe Station / By bus from JR Kabe Station, take the Toei "Shiofune Junkan" loop bus or bus bound for "Urajukucho," or Nishi Tokyo Bus bound for "Shiofune Kannonji keiyu Ozaku Higashi-guchi" and get off at "Shiofune Kannonji Iriguchi" bus stop. 10 min on foot from there / By car: 10 min from Ken-O Expressway Ome Interchange
- 🕒 8:00 to 17:00 No Holidays
- 🎫 Azalea Festival Period: Adult ¥300 / Child ¥100
- 🅐 200 spaces (charges apply during festival period and New Year's visit to a shrine period)



Main Hall



Azalea park



## Try Collecting Scarlet Seals!

Ome has many historical shrines and temples! Scarlet seals are available at many of them. A scarlet seal is a stamp given to commemorate a visit to the shrine or temple. Prepare your own scarlet seal book for stamping, then head out on a spiritual journey to collect scarlet seals at historical temples and shrines in Ome!

See P.23 for a list of shrines and temples →

## Shiofune Kannonji Temple Scarlet Seals



Main Hall (Main deity)



Flower Temple (Peace Kannon)



Scarlet Seal Books Available in various designs

# Experience Plans & Ancient Hot Springs

Indigo dyeing experiences are available at "Kosoen," a workshop that revived the wildly-popular Edo period trend of Ome-jima striped fabrics. After enjoying nature via rental bicycle, then relax and rejuvenate in a hot spring bath at Iwakura Onsen.

Get dyed Ome Blue!

## Indigo Dyeing Experience

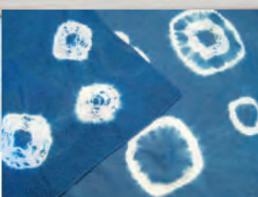
At indigo dyeing workshop "Kosoen," stoles, clothing, and other indigo-dyed items are produced using a dyeing method known as natural ash fermentation, a technique used in the Edo period when indigo dyeing was in vogue. The indigo color that is achieved with all natural ingredients and a painstaking dyeing process has warmth and depth that can't be mimicked with any other method. Why not try making your very own indigo dyed handkerchief, bandana, t-shirt, or stole on a dyeing experience?

### Indigo Dyeing Workshop Kosoen MAP E-4

藍染工房・壺草苑  
 8-200 Nagabuchi, Ome-shi  
 0428-24-8121  
 20-min walk from JR Ome Station / By bus from JR Kabe Station, take the Nishi Tokyo Bus bound for "Meisei Daigaku / Shimin Saijo" and get off at "Nagabuchi 5(go)-chome." Immediate access from there. / By car: 15 minutes from Ken-O Expressway Ome Interchange  
 10:00 to 18:00  
 Closed Tuesdays and for year-end and New Year holidays

[Group Course] Limited to groups of 10 or more  
 Weekdays from 10:00 or 13:00  
 Handkerchief: ¥1,600/person, Bandana: ¥2,000/person  
 Discounts available for groups of 30 or more  
 [Bring-your-own Course] 1 person or more  
 Inquire for time and price  
 [Simple Course] 1 person or more  
 Weekends & Holidays from 10:00 or 13:00  
 Handkerchief: ¥1,600, Bandana: ¥2,000  
 [In-depth Course] 1 person or more  
 Weekends & Holidays from 10:00 or 13:00  
 Cotton stole: ¥4,800, T-shirt (short sleeved): ¥5,200

Top: T-shirts  
 Right: Indigo Dyeing Experience  
 Item Sample (Handkerchief)



Explore Ome's towns and nature

## Bicycle Rental

### Cycle Harbor Ome MAP K

134 Honcho, Ome-shi  
 0428-84-0075  
 5-min walk from JR Ome station  
 8:30 to 18:30 (weekdays)  
 7:30 to 20:00 (weekends and holidays)  
 Closed Tuesdays and Wednesdays

Cycle stations with rental and depot services, mainly for sports bikes. There is also a clean shower room with luggage storage lockers, ideal for cyclists, hikers and runners.

Bicycle Type	Price
Road Bikes	1 day / ¥2,000 (include tax)~
Cross Bikes・MTB	1 day / ¥2,000 (include tax)~
City Bikes	1 day / ¥1,000 (include tax)~



### MINACLE MAP K

070-4216-2488  
 Inside of JR Mitake station  
 9:00 to 17:00 (Last rental by 15:00)  
 irregular holidays

After arriving at JR Mitake Station, you can take a bike ride. All 25 bicycles are powered by electric assist. The return locations are up to seven places, including around JR Okutama Station and JR Ome Station. Nature, Shinrin-yoku (forest therapy), and Power Spot, Valley, Country Road and Tour of the Seven Gods etc... There are a lot of fun!



### Bicycle Type

GLITTER:3-speed gear / Electric Assist (for Beginners and Senior)  
 VELO-STAR MINI:7-speed gear / Electric Assist (Sport Type)

### Price

¥2,500 / 1day (Discounted rates are subject to change on business days)  
 \*Not be available for rent after 15:00

### Return Location

- Minacle(ミナクル) MAP K
  - Trekking MAP J
  - 197 Hikawa, Okutama, Nishitama-gun MAP K
  - Ozawa Sake Brewery MAP K
  - In Front of JR Ome Station MAP K
  - Aoyagi Cycle Shop (青柳自転車店) MAP F-3
  - Closed Mondays
  - Bicycle Shop KO-KI YA (自転車コーキ屋) MAP F-3
  - Closed Wednesdays
  - JR Kabe Station MAP F-3
- \*Bike return time: By 17:00  
 (Return bikes to Ozawa Sake Brewery By 16:00)

## An oasis close to Tokyo

### Iwakura Onsen MAP F-2

岩蔵温泉郷  
 A historical hot spring town nestled in the mountains. Legend says that the Yamato Takeru, the legendary son of the 12th Emperor of Japan, bathed here. The soft waters come from an alkaline simple spring and are said to be good for beauty purposes. From late June to early July, visitors can enjoy watching Japanese fireflies along the Nariki River in the area.



MAP F-2



Meal at Mamadaya Inn (Sample)



Stone Bath at Mamadaya Inn

Autumn foliage from a guestroom at Mamadaya Inn

### Ryokan List

Ryokan (Japanese style inns) can be enjoyed in various ways—from relaxing in a hideaway hot spring ryokan, to holding an event with a large group such as a celebration or a memorial service at an inn known for delicious food.

- Mamadaya 備多屋(ままだや)

See P.24 for details →

### Cafe Yuba MAP F-2

5-3142 Osoki, Ome-shi  
 0428-74-4405  
 or 0428-74-4221 (Mamadaya Inn)  
 http://kissayuba.blog87.fc2.com  
 10:00 to 18:00  
 Closed Tuesdays and Wednesday  
 \*From November to February, until 17:00  
 7 spaces

Address Phone No. Access Open Hours Price Parking



Celebrating 150 years of towel making



Hotman colored face towels, ¥1,080/ea.

## Hotman MAP F-4

Established in Ome in 1868. Hotman is the only Japanese towel brand that operates all of its own manufacturing processes and sales facilities. Its Ome shop, based next to company headquarters and a factory, is the largest and most comprehensive among all Hotman shops around the country. The company also runs "Hotman Factory Shop Ome" located along Akigawa Kaido Road, where visitors can shop for outlet items while getting a glimpse of chenille fabric being woven by hand. Take this chance to try Ome's super-absorbent "1 second towels."

### Hotman Ome Shop MAP F-4

5-251 Nagabuchi, Ome-shi  
 0428-24-9142  
 22-min walk from JR Ome Station / By bus from JR Kabe Station, take the Nishi Tokyo Bus bound for "Meisei Daigaku" and get off at "Nagabuchi 5(go)-chome." 2 min on foot from there / By car: 15 minutes from Ken-O Expressway Ome Interchange  
 10:00 to 17:00 Closed for Golden Week, summer holidays, and year-end and New Year holidays  
 Available



### Hotman Factory Shop Ome MAP E-4

8-240-1 Nagabuchi, Ome-shi  
 0428-24-9142  
 20-min walk from JR Ome Station / By bus from JR Kabe Station, take the Nishi Tokyo Bus bound for "Meisei Daigaku" and get off at "Nagabuchi 5(go)-chome." Immediate access from there. / By car: 15 minutes from Ken-O Expressway Ome Interchange  
 10:00 to 12:30, 13:30 to 16:00 Closed on Sundays, Holidays, Golden Week, summer holidays, and year-end and New Year holidays  
 8 spaces



Chenille Weaving

### 1 Second Towel

A "1 second towel" will begin to sink in water in 1 second or less when a 1 centimeter square piece of it is placed on the water's surface. This is an indicator of remarkably high absorbency, and such towels will absorb water instantly by just being pressed against the body. Great for sensitive skin and hair after bathing, and soft for babies as well.

# Ome-juku(post town) is full of events! You can be drunk in the atmosphere of the Showa era.

Go back to the Showa era at the Showa Retro Goods Museum and the Showa Gento-kan Museum. Ome-Kaido is popular with festivals. At Ome Railway Park, you can see real railway cars.



Showa Retro Goods Museum



① Ome Grand Festival ① 青梅大祭



② Ome City Summer Fireworks Festival ② 納涼花火大会



Showa Gento-kan Museum



③ Ome Daruma-doll Market ③ だるま市

## Retro Showa Era Shopping Street

### Ome-juku(Post Town)

The Showa Retro Goods Museum, which showcases household goods from the Showa era, such as packages. Take a trip to the Showa era by visiting the Showa Gento-kan Museum where the diorama of the Showa scene is located. The Ome-juku(Post Town) feels like nostalgic. And it is one of the charms that there are many traditional events in a year.

**Showa Retro Goods Museum**  
昭和レトロ商品博物館  
📍 65 Sumiecho, Ome-shi  
☎ 0428-20-0234  
🚶 5-min walk from JR Ome Station  
🕒 10:00 to 17:00  
Closed Mondays (Closed next weekday instead if Monday is a holiday), and for the year-end and New Year holidays  
🎫 Adult ¥350 / Junior High and Elementary student ¥200

**Showa Gento-kan Museum**  
昭和幻燈館  
📍 9 Sumiecho, Ome-shi  
☎ 0428-24-2465  
🚶 5-min walk from JR Ome Station  
🕒 10:00 to 17:00  
Closed Mondays (Closed next weekday instead if Monday is a holiday), and for the year-end and New Year holidays  
🎫 Adult ¥250 / Junior High and Elementary student ¥150

- ① **Ome Grand Festival**  
① 青梅大祭  
📍 In front of Ome station/Old Ome Kaido Road  
🚶 Near to JR Ome Station  
🕒 May.2 12:00 to 22:00 / May.3 09:00 to 22:00
- ② **Ome City Summer Fireworks Festival**  
② 納涼花火大会  
📍 Nagayama Park ground  
🚶 10-min walk from JR Ome Station **MAP K**  
🕒 The first Saturday of August
- ③ **Ome Daruma-doll Market**  
③ だるま市  
📍 In front of Ome station/Old Ome Kaido Road  
🚶 Near to JR Ome Station  
🕒 Jan.12 13:30 to 21:00

## Play and learn about the history of railroads

### Ome Railway Park

Opened by Japanese National Railways (JNR) in 1962 to celebrate the 90th anniversary of Japanese railways. Steam locomotives and other real train cars used in the Meiji and Taisho periods, plus commemorative railway objects, are on display in an outdoor area. Visitors can have fun learning about railways in the museum with descriptions and materials centering around train models. In addition to a Mini SL Benkei train, the park also features a play corner, making it fun even for small children.

**Ome Railway Park**  
青梅鉄道公園  
📍 2-155 Katsunuma, Ome-shi  
☎ 0428-22-4678  
🚶 15-min walk from JR Ome Station  
🕒 [Mar. to Oct.] 10:00 to 17:30 (Admission until 17:00)  
[Nov. to Feb.] 10:00 to 16:30 (Admission until 16:00)  
Closed Mondays (Closed Tuesday instead if Monday is a holiday), and for the year-end and New Year holidays (Dec. 29 to Jan. 2) [Special Opening] New Year's (Jan. 3 to 7), spring break period (Mar. 26 to Apr. 6), Golden Week (Apr. 29 to May 5), and Oct. 1 when Oct. 1 falls on a Monday  
🎫 ¥100 (Elementary students and above) / Groups of 20 or more ¥50  
Free for the physically disabled and visitors aged 70 or older (ID required)

# Discover History & Art in Ome!

Ome is home to many historical cultural assets including National Treasures, and is an area where the culture of various eras can be felt. Visitors can also enjoy seeing Gyokudo Art Museum, which has its own Japanese rock garden, plus art museums and galleries of various genres.

Experience an atmosphere of the middle age Tama area

## Tenneiji Temple 天寧寺

MAP F-3



The preserved layout of this seven hall Zen Buddhist compound earned the temple a designation as a historic site by Tokyo. There's plenty to see, such as the main gate constructed in the Edo period, and the great temple bell, which is an art treasure of Japan.

📍 1-454 Nekabu, Ome-shi  
☎ 0428-22-3566  
🚶 18-min walk from JR Higashi-Ome Station  
🕒 6:00 to 17:00  
(Closes at 16:30 from Oct. to Mar.)  
🆓 Free  
🅐 Available

Japanese traditional beauty and spirit

## Ome Kimono Museum

青梅きもの博物館

MAP D-3



Over 500 precious garments, mainly modern kimono, are housed, including those once worn by feudal lords, court nobles, and former Imperial Family members.

📍 4-629 Baigo, Ome-shi  
☎ 0428-76-2019  
🚶 15-min walk from JR Hinatawada Station  
🕒 Fri. Sat. Sun.: 10:00 to 16:00 [Group reservations also available on other days. Open Fri. Sat. Sun. from March (Closed from Dec. to Feb.)]  
🎫 General ¥800 (Group discount: ¥600 for groups of 20 or more) Child ¥500 (Elementary/Junior high school)

## Kushi-Kanzashi Museum

櫛かんざし美術館

History of the fashion and beauty of Japanese Women

MAP J



Displays ornamental hair accessories used by Japanese women from the Edo, Meiji, Taisho, and Showa periods. About 4,000 items from the estate of a renowned collector, the late Chiyo Okazaki, are archived.

📍 3-764-1 Yugimachi, Ome-shi  
☎ 0428-77-7051  
🚶 10-min walk from JR Sawai Station  
🕒 10:00 to 17:00 (Last entry 16:30) Closed Mondays (Closed Tuesday instead if Monday is a holiday) and during year-end and New Year holiday period. Also has other extra holidays.  
🎫 General ¥600 (¥500) / Student ¥500 (¥400) / Elementary student ¥300 (¥200)  
\*( ) designates price for groups of 20 or more  
🅐 80 spaces

## Ome Seven Lucky Gods Pilgrimage

Scarlet Seals Available



For more information on each temple...Ome Seven Lucky Gods Website <http://ome7.tokyo/>

Art Museum in Mitake Valley, in Gyokudo's footsteps

## Gyokudo Art Museum

玉堂美術館

MAP J



This art museum exhibits works of art and personal articles of Kawai Gyokudo, a modern master of traditional Japanese painting. Don't miss the traditional Japanese dry landscape garden. Ranked 5th in the Japan Gardens ranking in 2019.

📍 1-75 Mitake, Ome-shi  
☎ 0428-78-8335  
🚶 3-min walk from JR Mitake Station  
🕒 [Mar. to Nov.] 10:00 to 17:00 (Last admission at 16:30) [Dec. to Feb.] 10:00 to 16:30 (Last admission at 16:00) Closed Mondays (Closed Tuesday instead if Monday is a holiday), and from Dec. 24 to Jan. 4  
🎫 Adult ¥500 (¥400) / University, High school, Junior High student ¥400 (¥300) / Elementary student ¥200 (¥150) \* ( ) designates price for groups of 20 or more  
🅐 60 spaces



📍 Address ☎ Phone No. 🚶 Access 🕒 Open Hours 🎫 Price 🅐 Parking

# Appreciate Ome's Past and Present Gourmet Food!

Ome's specialty *senbei* rice crackers are popular as souvenirs. Tokyo X brand pork, also a product of Ome, can be enjoyed in *niku udon* (udon noodles with pork) and soba noodle dishes. Fresh eggs and fruit from this lush natural area are also exquisite!

Compare different tastes at each shop♪

## Ome Senbei Rice Crackers



Ome Senbei (Bag of 5)  
¥432 Arai MAP E-3  
あら井



Ome Senbei (1 cracker)  
¥65 Hamano Confectionery  
は万の製菓 MAP D-3



Ome Senbei  
[Bag of 7 (Individually wrapped)]  
¥410 Ryumaru MAP F-3  
柳丸

Try the plum shiso flavor  
and sesame seeds flavor!

See P.23 for restaurant details →

## A classic Confectionery that is familiar to us both now and in the past

The Kawara-Senbei, which is the origin of the name of the Ome, and is made in the shape of plum blossoms. This is a traditional local confectionery that has been familiar for many years. Its began in the Edo period, and even now are made at several Japanese-style in the city, with each shop offering its own distinct shape and flavor.

### "Ome Senbei" a famous local specialty of Ome

During the Edo period, there were 16 confectionery shops in the villages around Ome. At that time, the farmers made and sold confectionery between the farming work. Then, in the Meiji period, someone who operates confectionery emerged as a main business.

The origin of the Ome Senbei is not known, but it is said that it was the beginning of a confectionery called the "Ichimoto" who taught others how to make the Ome Senbei.

A Man who named Tame with his brother Gon, came from Gytoku(Ichikawa City) in Chiba about 1887, they set up a shop "Ichimoto" in Ome, Besides the Ome Senbei, Manju was also well sold.

The shape of the Ome Senbei is plum blossoms on the front, and a poetry was mostly carved at the back. The poetry was written by Kobayashi Tenen who is a Japanese calligraphy of ome in Kongoji Temple. The shap of plum in the front was launched, and the remaining plum of Ome Senbei is being retained.

The Ome Senbei rice crackers is crunchy and tasty, Use with eggs, flour and sugar as the main ingredients, and it's taste like natural but rich, slightly sweet and have a nostalgic flavor. You can also enjoy various flavors such as plum shiso flavor and sesame seeds flavor.



Niku Nanban Y972 Soba-dokoro Tsukumo そば処津久茂 MAP G-3

## Savor a freshly-laid delicacy

### Kawanabe Egg Ranch

かわなべ鶏卵農場

Close by Iwakura Onsen is a poultry ranch located in a village-vicinity mountain. The healthy hens raised here on pristine natural water, carefully selected feed, and no antibiotics lay delicious eggs! Crack one raw egg hot rice and savor the taste.

- 2-271 Osoki, Ome-shi  
0428-74-5492
- By bus from JR Higashi-Ome Station, take the Seibu Bus bound for "Hanno-eki Minamiguchi" and get off at "Tokyo Tanko-mae" bus stop. 14 min on foot from there. / By car: 13 min from Ome Interchange
- 9:00 to 17:00  
Saturdays 13:00 to 17:00 (Closed Saturday mornings)
- [Tama no Kagayaki "Momiji Tamago"]

1kg (about 15 eggs)	¥470
Pack of 10 Large eggs	¥334
Pack of 10 Medium eggs	¥303
Family Pack (20 eggs)	¥700
Gift Box of 30 eggs	¥1,230

Gift boxes of 50 and 75 eggs are also available.  
Also, eggs with deep-colored yolks, and silky fowl eggs are available.



[Tama no Kagayaki "Sakura Tamago"]	
1kg (about 15 eggs)	¥430
Pack of 10 Large eggs	¥293
Pack of 10 Medium eggs	¥272
Family Pack (20 eggs)	¥615
Gift Box of 30 eggs	¥1,121

MAP F-2

## Tofu made with special soybeans

### Tofu Kobo Yu

とうふ工房ゆう

"Tokusen Yose Tofu," which took gold prize in the Yose/Oboro-tofu division of the Japan Tofu Exhibition. The used native soybeans have strong aroma and sweetness.

- 570-7 Urajukicho, Ome-shi  
0428-84-2470
- 13-min walk from JR Ome Station
- 10:00 to 18:00 (Closed Sundays and on the 4th Monday of the month)

MAP E-3

## Natto mastered to perfection

### Sugaya Foods, Ltd.

南菅谷食品

"Domestic Large Tsurunoko Natto," made with traditional methods, is a delicious treat, taking the Minister of Agriculture, Forestry and Fisheries prize at the 20th National Natto Competition.

- 1-1010-1 Tomoda-machi, Ome-shi  
0428-24-7010
- 25-min walk from JR Ozaku Station
- Weekdays 9:00 to 16:00

MAP G-4



Niku Zaru Soba  
(cold soba noodle with pork)  
Taisho-an  
大正庵 MAP K

Niku Nanban Soba  
Tamagawayaya Main Shop  
玉川屋総本店 MAP J

Curry Nanban Udon  
Negishiya 根岸屋 MAP F-3

Niku Seiro  
Soba Enokido  
蕎麦 榎戸 MAP E-3

## Ome's own Brand of Pork



TOKYO X is a pork brand developed at Tokyo Metropolitan Agriculture and Forestry Research Center, which is characterized by its tenderness and quality marbling. It contains about twice the vitamin B1 found in other pork and visitors can find it served in a wide variety of menu items throughout local Ome restaurants.

See P.23 for restaurant details →

## O-ME NOBURU

This is a baked European confectionery, the shape was wrapped in buttered leather by white bean paste and egg yolk, and it's inspired by leaves. Tasty good and great to take home as a souvenir.

Many kinds of blueberries

## Yoshino-en Blueberry-picking Orchard

ブルーベリー摘み取り園吉野園

MAP G-4

Tifblue, Woodard, and Homebell are just some of the blueberry varieties grown at this 4,000sq.m. orchard which cultivates approximately 500 blueberry plants.

- 3-56 Shinmachi, Ome-shi
- 0428-31-1527 / 050-5435-6717
- 10-min walk from JR Ozaku Station East Exit
- 7:00 to 12:00 / 16:00~
- \*Reservation recommended due to irregular holidays
- Admission: Adult ¥500 (+¥300 for picking 2kg or more blueberries) / Elementary student ¥300 (Sold by weight: ¥1,000/1kg)



There is also a variety of seasonal veggies

## Kubota Farm

久保田農園

MAP F-1

A small farm in village forest. Here you can experience harvesting blueberries and kiwifruit. We also sell seasonal vegetables and home-made jams.

- 1-104 Nariki, Ome-shi
- 0428-74-6563
- [Blueberries harvest period] July to August
- Admission: Adult ¥200 / Child ¥100 Price: 100g ¥250
- [Kiwifruit harvest period] late October to middle of November
- Price: 100g ¥120
- Closed Tuesdays and Wednesdays
- 10:00 to 16:00
- [Other Period] irregularly open Saturdays and Sundays 10:00 to 16:00
- \*Checked by phone as it changes by day
- <https://www.kubota-farm.com/>



Harvest seasonal fruits

## Small Fruits Land "Berry Cottage"

スモールフルーツランド『ベリーコテージ』

MAP G-3



Here visitors can enjoy harvesting raspberries, blueberries, kiwis, and other seasonal fruits, all grown with non-chemical fertilizer without using any agricultural chemicals. The rest house in the style of a Canadian log house has a café area and a shop offering sweets, jams and more products made with fruits from the cottage.

- 2-11-5 Shinmachi, Ome-shi
- 0428-31-3810
- 12-min walk from JR Ozaku Station East Exit
- 10:00 to 17:00 Closed Mondays
- [Raspberries] June to July - Admission: Adult ¥500 / Child ¥300 (By weight: ¥300/100g)
- [Blueberries] July to August - Admission: Adult ¥500 / Child ¥300 (By weight: ¥200/100g)
- [Kiwifruit] October to November - Admission: Free (By weight: ¥600/1kg)



"Tokyo Tometo"

## Ome Tomato Garden

青梅トマトガーデン

MAP G-3

The cherry tomatoes with a fresh taste like fruit and sweet, soft like touching Marshmallow. They also sell directly at the house, and during the harvest period, also can experience tomato harvesting. \*must be reserved in advance.



- 2-805 Imai, Ome-shi
- 090-7224-5454 / 080-5655-4663
- 6-min drive from Ome Interchange

Fresh veggies at low prices!

## Farmer's Market

The city of Ome is blessed with a lush natural environment while maintaining convenient access from downtown Tokyo, and has many local farms that grow high quality products. Farmer's markets in the city offer fresh vegetables right from the farms for bargain prices.



### West Tokyo Farmers' Coop Kasumi Marketing Center

西東京農協かずみ直売センター

MAP G-3

- 2-28-19 Shinmachi, Ome-shi
- 0428-31-1115
- 25-min walk from JR Ozaku Station / By car: 5 min from Ome Interchange
- 8:30 to 17:00 (Closed Jan. 1 to 3)

### West Tokyo Farmers' Coop Green Center

西東京農協グリーンセンター

MAP D-3

- 3-930-1 Baigo, Ome-shi
- 0428-76-1325
- 11-min walk from JR Hinatawada Station
- 8:30 to 17:00 (Closed Jan. 1 to 3)

### West Tokyo Farmers' Coop Osoki Economy Shop

西東京農協小曾木経済店舗

MAP F-2

- 4-2244 Osoki, Ome-shi
- 0428-74-5381
- By car: 9 min from Ome Interchange
- 9:00 to 17:00 (Weekdays only)

Mushroom Harvesting & Barbeque

## Ome Mushroom Garden

青梅きのこガーデン

MAP D-4



Shiitake, kigurage, maitake and other varieties of mushroom are cultivated here on wood logs and in mushroom beds. Visitors can enjoy harvesting seasonal mushrooms. Why not experience mushroom harvesting, then grill them up along with your own ingredients for a barbeque with friends or family?

- 1-1934 Baigo, Ome-shi
- 090-8564-6640 / 0428-74-9306
- From JR Ome Station, take the Toei Bus bound for "Yoshino" and get off at "Inari-jinja-mae" bus stop. Then continue on foot toward Umegaya Toge for 20 min
- 11:00 to 16:00 (April 10 through November 30)
- \*Please inquire prior to visiting as mushroom harvesting may not be available depending on the season
- [Facility Use Fee] Adult (Junior High and older) ¥800 / Child (Elementary student) ¥300 / Preschool age: Free \*Facility use fee is ¥600 if bringing your own charcoal.
- [Barbeque Ingredient Set] ¥1,400/person (Meat, vegetables, mushrooms, etc.) \*Reservation required at least 3 days in advance

## Ome City Event Calendar

Month	Day	Event Name	Location
1st New Year's Day		<b>Festival &amp; Hatsumode</b> 元旦祭・初詣	Musashi Mitake Shrine and Shiofune Kannonji Temple 武蔵御嶽神社・塩船観音寺
12th		<b>Ome Daruma-doll Market</b> 青梅だるま市	Kyu-Ome Kaido Road in front of JR Ome Station JR 青梅駅前旧青梅街道
3rd		<b>Setsubun Festival</b> 節分祭	Musashi Mitake Shrine, Shiofune Kannonji Temple, Seihoin Temple, Yakuoji Temple, and others
Mid-Feb.		<b>Ome Marathon</b> 青梅マラソン大会	In front of the General Gymnasium to Kawai, Okutama-machi 総合体育館前-奥多摩町川井
Early to Late Mar.		<b>Yoshino Baigo Plum Festival</b> 吉野梅郷まつり	Throughout Yoshino Baigo 吉野梅郷一帯
Mid-Mar.		<b>Citizen's Plum Blossom Viewing Festival</b> 観梅市民まつり	Jindaibashi-dori Avenue 神代橋通り
Mid Apr. to Early May		<b>Shiofune Kannonji Azalea Festival</b> 塩船観音つつじまつり	Shiofune Kannonji Temple 塩船観音寺境内
2nd & 3rd		<b>Ome Grand Festival</b> 青梅大祭	Kyu-Ome Kaido Road in front of JR Ome Station JR 青梅駅前旧青梅街道
8th		<b>Musashi Mitake Shrine Hinode (Sunrise) Festival</b> 武蔵御嶽神社日の出祭	Mitake-daira to Musashi Mitake Shrine 御岳平~武蔵御嶽神社
Late May to Late June		<b>Fukiage Iris Festival</b> 吹上花しょうぶまつり	Fukiage Iris Park 吹上しょうぶ公園
Mid to Late June		<b>Firefly Viewing Night</b> 螢を見る夕べ	Nariki River at Nariki 2-chome 成木2丁目の成木川
Early July		<b>Ground Cherry Pot Fair</b> ほおずき市	Street in front of Ome Station 青梅駅前通り
Mid-July		<b>Takigi Kagura at Musashi Mitake Shrine</b> 武蔵御嶽神社新神楽	Large Torii Gate area on Mt. Mitake 御岳山大鳥居前広場
Mid to Late July		<b>Ome Morning Glory Fair</b> 青梅朝顔市	Street in front of Ome Station 青梅駅前通り
Late July to Early Sept.		<b>Anemonopsis Macrophylla Flower Festival</b> レンゲショウウマまつり	Mt. Mitake Fujimine Garden and elsewhere 御岳山富士峰園地ほか
1st Saturday in Aug.		<b>Ome City Summer Fireworks Festival</b> 青梅市納涼花火大会	Nagayama Park Ground 永山公園グラウンド
Early Sept.		<b>Tree Cricket Chirping Event</b> カンタンをきく会	Mt. Mitake 御岳山
Mid-Sept.		<b>Takigi Kagura at Musashi Mitake Shrine</b> 武蔵御嶽神社新神楽	Large Torii Gate area on Mt. Mitake 御岳山大鳥居前広場
Early Nov.		<b>Ome Industrial Tourism Festival</b> 青梅産業観光まつり	Nagayama Park Ground 永山公園グラウンド
Early to Mid-Nov.		<b>Ome-juku Art Festival</b> 青梅宿アートフェスティバル	Kyu-Ome Kaido Road in front of JR Ome Station JR 青梅駅前旧青梅街道
1st Sunday in Dec.		<b>Okutama Valley Relay Road Race</b> 奥多摩渓谷駅伝大会	In front of the General Gymnasium to Okutama Station and back 総合体育館前-奥多摩駅前往復
2nd Sunday in Dec.		<b>Mt. Mitake Trail Run</b> みたけ山トレイルラン	Mt. Mitake 御岳山



Ome Daruma-doll Market



Ome Marathon



Shiofune Kannonji Azalea Festival



Ome Grand Festival



Ome City Summer Fireworks Festival



Takigi Kagura at Musashi Mitake Shrine

## [ Hometown Tax Payment Guidance ]

[For inquiries: Finance Division Planning Department]

Ome City will utilize the home tax payment system to promote town planning, it is a matter of soliciting donations from people who support Ome City to solve various policies and problems. We really appreciate your support, through the hometown tax payment. For more information of Thank-you Gifts from the hometown tax payment, please check out the Portal site [ Furusato-tax ] [ Satoiko ] [Ome City Homepage]. And also you can easy to make the process of donating.



[Furusato-Choice]: <https://www.furusato-tax.jp/city/product/13205>  
[Satoiko]: <https://www.satoiko.jp/local/detail/82>

\*[Furusato Nouzei], a hometown tax payment, this is a donation to the hometown and the municipalities that support them. As a general rule, the amount of the donation excluding 2,000 yen is considered, income and citizen taxes are deducted. (The deduction limit varies depending on income and family configuration.)

~ We thank you for your support ~

### [ How the city would use the donations ]

- Reconstruction and reconstruction of 'Ume no Sato'
- Management and Operation of 'the Eiji Yoshikawa Memorial Hall'
- Disaster recovery of the Mitake Valley Promenade
- Social welfare policy
- Child rearing and Education
- Sports Promotion etc...



# Ome Sightseeing Quick Guide



## Scarlet Seals

**[Mt. Mitake Area]**

**Musashi Mitake Shrine** 武蔵御嶽神社 **MAP I**  
 Address: 176 Mitakesan, Ome-shi  
 Tel. 0428-78-8500

**[Yoshino Baigo Area]**

**Meibakuin Temple** 日向山明白院 **MAP D-3**  
 (Seven Lucky Gods, God of Wisdom)  
 Address: 2-395 Hinatawada, Ome-shi  
 Tel. 0428-22-1775

**Sokuseiji Temple** 即清寺 **MAP D-3**  
 (Sannai Shinshikoku eighty-eight sites)  
 Address: 1-4-1 Yugimachi, Ome-shi  
 Tel. 0428-76-0454

**[Shiofune Kannonji Temple Area]**

**Shiofune Kannonji Temple** 塩船観音寺 **MAP F-3**  
 Address: 194 Shiofune, Ome-shi  
 Tel. 0428-22-6677

**Chigase Shrine** 千ヶ瀬神社 **MAP F-3**  
 Address: 1-119 Chigasemachi, Ome-shi  
 Tel. 0428-22-0316  
 \*Not available when staff are not present.

**Monshuin Temple** 黒澤山間修院 **MAP E-3**  
 (Seven Lucky Gods, God of Longevity)  
 Address: 3-1578 Kurosawa, Ome-shi  
 Tel. 0428-74-5411

**[Ome-juku Area]**

**Kongoji Temple** 青梅山金剛寺 **MAP E-3**  
 Address: 1032 Amagasecho, Ome-shi

**Baiganji Temple** 龍光山梅岩寺 **MAP K**  
 Address: 235 Nakacho, Ome-shi

**Sumiyoshi Shrine** 住吉神社 **MAP K**  
 Address: 12 Sumiecho, Ome-shi  
 0428-22-2747  
 \*Not available when staff are not present.

**Jizoin Temple** 宝珠山地蔵院 **MAP E-3**  
 (Seven Lucky Gods, God of Fortune)  
 Address: 2-583-1 Hatanaka, Ome-shi  
 Tel. 0428-22-4497

**Seihojin Temple** 成田山清宝院 **MAP E-3**  
 (Seven Lucky Gods, God of Prosperity)  
 Address: 1203 Oyanacho, Ome-shi  
 Tel. 0428-22-7317

**Sokenji Temple** 仙桃山宗建寺 **MAP K**  
 (Seven Lucky Gods, Guardian God of Buddhism)  
 Address: 6-734 Chigasemachi, Ome-shi  
 Tel. 0428-22-3580

**[Kabe Station Area]**

**Gyokusenji Temple** 金剛山玉泉寺 **MAP F-4**  
 (Seven Lucky Gods, Goddess of Music and Water)  
 Address: 3-299 Nagabuchi, Ome-shi  
 Tel. 0428-22-5476

## Ome Senbei Rice Cracker Shops

Shop Name	Address	Phone No.	Business Hours	Access	Parking
Hamano Confectionery はの製菓	3-720 Hinatawada, Ome-shi	0428-22-5620	9:00 to 19:00 Closed Mondays (Closed Tuesday instead if Monday is a holiday)	4-min walk from JR Hinatawada Station	2 spaces
Ryumaru 柳丸 (Higashi-Ome Center Building)	1F High Home Higashi-Ome, 1-2-5 Higashi-Ome, Ome-shi	0428-22-5349	9:00 to 18:30 Open year-round *Some extra holidays	1-min walk from JR Higashi-Ome Station South Exit	None Also has shops in Ome at Nogami, Shinmachi, and Imai
Sakaiya 酒井屋	130-24 Honcho, Ome-shi	0428-84-0678	10:00 to 19:00	1-min walk from JR Ome Station	None
Arai あらい	5-634 Chigasemachi, Ome-shi	0428-22-3855	8:00 to 18:30 Closed Tuesdays	15-min walk from JR Ome-Station	3 spaces
Kojima Confectionery 小島製菓	2-168 Hinatawada, Ome-shi	0428-22-3282	9:30 to 19:00 Closed Mondays	1-min walk from JR Miyahonohira Station	1 space
Suzaki すざき	4-1087 Futamatao, Ome-shi	0428-78-8822	9:00 to 19:00 Closed Tuesdays	1-min walk from JR Futamatao Station	None

## Restaurants serving TOKYO X Pork

Restaurant Name	Address	Phone No.	Business Hours	Access
Tamagawaya Main Shop	玉川屋総本店 360 Mitake Honcho, Ome-shi	0428-78-8345	11:00 to 18:00 Closed Mondays	2-min walk from JR Mitake Station
Soba Enokido	蕎麦 榎戸 629 Urajukucho, Ome-shi	0428-21-0822	11:30 to 15:00 Closed Wednesdays and Thursdays	9-min walk from JR Miyahonohira Station
Negishiya Handmade Udon	手打ちうどん 根岸屋 1-40-4 Katsunuma, Ome-shi	0428-22-3083	11:00 to 15:00 / 18:00 to 20:00 Closed all day on Wednesdays, closed 18:00 to 20:00 on Mondays and Tuesdays	3-min walk from JR Higashi-Ome Station
Taisho-an	大正庵 329 Kamicho, Ome-shi	0428-22-2765	11:30 to 16:00 / 17:00 to 19:30 / 11:30 to 19:30 on Weekends and Holidays Closed Mondays	5-min walk from JR Ome Station
Sobadokoro Tsukumo	そば処 津久茂 5-45-2 Shinmachi, Ome-shi	0428-32-1230	11:30 to 20:30 Closed on the 1st and 3rd Wednesdays of the month	6-min drive from Ome Interchange
Inariya	いなりや 2-419-7 Wadamachi, Ome-shi	0428-76-0915	12:00 to 14:00 / 18:00 to 23:00 Closed Wednesdays	15-min walk from JR Miyahonohira Station
Moriman	森万 3-9-7 Higashi-Ome, Ome-shi	0428-22-1331	10:00 to 20:00 13th of Every Month	5-min walk from JR Higashi-Ome Station
Tamagawaya	玉川屋 55 Sumiecho, Ome-shi	0428-22-2645	11:30 to 15:00 / 17:00 to 19:00 Closed Mondays	3-min walk from JR Ome Station
Tsukumo	つくも 3-23 Nogamicho, Ome-shi	0428-24-5000	11:30 to 19:30 Closed Wednesdays	12-min walk from JR Kabe Station
Kawashima	かわしま 3-841-3 Futamatao, Ome-shi	0428-78-9155	11:00 to 15:00 on Weekday / 11:00 to 15:00, 17:00 to 19:30 - on Weekends and Holidays Closed Tuesdays	4-min walk from JR Futamatao Station

## Sightseeing Farms

Name	Address	Phone No.	Offers
Yoshino-en Blueberry-picking Orchard	ブルーベリー摘み取り園吉野園 3-56 Shinmachi, Ome-shi	0428-31-1527 / 050-5435-6717	Blueberries
Small Fruits Land "Berry Cottage"	スモールフルーツランド「ベリー Cottage」 2-11-5 Shinmachi, Ome-shi	0428-31-3810	Raspberries, Blueberries, Kiwifruit
Ome Mushroom Garden	青梅きのこガーデン 1-1934 Baigo, Ome-shi	090-8564-6640/0428-74-9306/0428-22-0501	Mushrooms
Uchinuma Mushroom Garden	内沼きのこ園 1-90 Nariki, Ome-shi	0428-74-4528	Mushrooms
Kubota Farm	久保田農園 1-104 Nariki, Ome-shi	0428-74-6563	Blueberries, Kiwifruit
Ome Tomato Garden	青梅トマトガーデン 2-805 Imai, Ome-shi	080-5655-4663 / 080-7224-5454	Tomatoes

## Accommodation

Name	Phone No.	Guest Capacity	Approx. Cost	Day Trip Bath
<b>[Mt. Mitake Area]</b>				
1 Akiyama-sou 秋山荘	0428-78-8463	20	¥9,720-	Enjoy an atmosphere of bygone eras and relax in a bath with a fine view. <b>MAP I</b>
2 Ikoissen-sou 鰐山荘	0428-78-8566	50	¥8,640-	Ideal as a base for mountain climbing, with at-home hospitality including salt-grilled <i>ayu</i> sweetfish and handmade <i>konyaku</i> <b>MAP I</b>
3 Utsuboya-sou うつぼや荘	0428-78-8462	20	¥7,800-	An inn with a nostalgic, at-home feel, offering food made with ingredients from its own vegetable patch <b>MAP I</b>
4 Katayanagi-sou 片柳荘	0428-78-8461	40	¥8,640-	Healthy meals made with veggies from its own vegetable patch are highly popular with female guests <b>MAP I</b>
5 Higashibaba 東馬場	0428-78-8446	15	¥8,640-	The thatched roof building retains an Edo-period atmosphere, and is a designated Tangible Cultural Property of Tokyo <b>MAP I</b>
6 Komadori Sansou 駒島山荘	0428-78-8472	60	¥8,640-	Great facilities with Japanese cypress bath, fully equipped Internet access, and more. Giant flying squirrel watching, waterfall meditation and other activities available. <b>MAP I</b>
7 Sanraku-sou 山楽荘	0428-78-8439	45	¥9,612-	A favorite of Yoshikawa Eiji, this inn features a distinctive building similar to an art museum, with medicinal cooking and a medicinal herb bath. <b>MAP I</b>
8 Sanko-sou 山香荘	0428-78-8476	40	¥10,800-	With a great view, this inn boasts a Japanese cypress bath and marble bath for a reviving soak. <b>MAP I</b>
9 Seizan-sou 静山荘	0428-78-8445	35	¥8,640-	A healing inn with crisp, clear air and a tranquil environment. Guests can enjoy waterfall meditation, meditation, and more. <b>MAP I</b>
10 Takana-sou 高名荘	0428-78-8596	30	¥9,000-	Look forward to the chirping of wild birds, plus a night view, mountain foliage, and other seasonal views. <b>MAP I</b>
11 Tonari-sou 登奈利荘	0428-78-8447	40	¥8,640-	Features a relaxing Japanese-style atmosphere, noted for its original cuisine made from the heart. <b>MAP I</b>
12 Nishisuzakibo Kuraya 西須崎坊 蔵屋	0428-78-8473	24	¥9,720-	Prides itself on its panoramic sky-viewing bath and seasonal food. Try Kuraya's specialty "oyaki" dumplings at the teahouse. <b>MAP I</b>
13 Nobori 能保利	0428-78-8443	30	¥8,640-	Meals made with fresh ingredients painstakingly cultivated by the owner can be enjoyed. <b>MAP I</b>
14 Harashima-sou 原島荘	0428-78-8973	40	¥8,640-	Prides itself on a more casual style of <i>kaiseki</i> cuisine with handmade <i>konyaku</i> , fried chestnuts, and more. <b>MAP I</b>
15 Fujimoto-sou 藤本荘	0428-78-8464	40	¥9,000-	Seasonal local fare and genuine hospitality from the proprietress await. Also available to those who just stop by for lunch. <b>MAP I</b>
16 Houjukaku 宝寿閣	0428-78-8448	40	¥9,700-	A thatched roof inn in a relaxed atmosphere, with exquisite healthy delicacies. <b>MAP I</b>
17 Machikubota 町久保田	0428-78-9039	30	¥8,640-	An inn that boasts a view unfolding over the Kanto Plain. Day use of the view bath for non-staying guests OK. <b>MAP I</b>
18 Machiya 麻知家	0428-78-8426	25	¥8,640-	Offers a variety of cuisine, from wild vegetable dishes to river-caught fish, plus seasonal fare such as freshwater crab, Japanese pepper, and mushroom dishes. <b>MAP I</b>
19 Maruyama-sou 丸山荘	0428-78-8441	50	¥8,640-	Listen to the twittering of wild birds in this inn which stands out due to its old longhouse-style construction. <b>MAP I</b>
20 Mitake Sansou 御岳山荘	0428-78-8474	50	¥10,800-	A highly aesthetic inn operating since the Edo period, priding itself on cuisine made with the bounty of nature. <b>MAP I</b>
21 Nanzan-sou 南山荘	0428-78-8449	50	¥9,720-	A wooden interior, genuine hospitality, and delicious food make this inn. Try the popular private fine-view bath that commands a view above the clouds! <b>MAP I</b>
22 Yamanaka-sou 山中荘	0428-78-8442	20	¥7,800-	A tranquil inn with a long history, seasonal flowers, and beautiful natural views. <b>MAP I</b>
23 Reiun-sou 嶺雲荘	0428-78-8501	35	¥8,640-	An inn with a traditional atmosphere, offering delicious food maximizing ingredients and an relaxing experience of Mitake's nature from above the clouds. <b>MAP I</b>
<b>[Mitake Valley Area]</b>				
24 Guest-house Yao9 民宿 お宿やお九	0428-78-8411	8	¥6,000-	The rooms are decorated with plaster and natural wood and are gentle on the body. You will be able to relax and listen to the murmuring of the Mitake Valley. <b>MAP J</b>
25 Ryokan Ginsuzuki 旅館 ぎんすずき	0428-78-8336	12	¥10,800-	Lunch of soba shipped direct from Otoienu, Hokkaido is highly popular. Day trip bathing OK, Pets OK. <b>MAP J</b>
26 Station Front Lodge Inn A-yard 駅前山小屋 A-yard	0428-74-9453	40	¥4,320-	Enveloped in the great Mother Nature of the Mitake Valley, this inn offers rooms only and no meals. <b>MAP J</b>
<b>[Yoshino Baigo Area]</b>				
27 Tokyo Ome Ishigami Onsen Seiryu no Yado 大久たまじり おくたまじり	0428-78-9711	100	¥15,120-	This hot spring inn is located along the pristine Tama River, and offers tennis courts, a restaurant, and meeting rooms. <b>MAP D-3</b>
<b>[Ome-juku Area]</b>				
28 Kanpo no Yado Ome かんぽの宿 青梅	0428-23-1171	200	¥10,800-	Enjoy natural hot spring baths and relax at this inn located on a hill in Kamanofuchi Park with a view of the Tama River. <b>MAP E-3</b>
29 Guest-house&Cafe Seiryuu kibako 青龍きばこ	0428-78-4947	11	¥3,500-	This Guest-house is a quaint building built in the early Showa period, you can stay here without meals. <b>MAP K</b>
30 Ome Times 青梅時間・宿	http://ometime.tokyo/	8	¥9,800-	One pair per day for a maximum of 8 people only. The rooms are decorated in a modern style with a touch of Showa retro, a place where you can forget the time. <b>MAP K</b>
<b>[Kabe Station Area]</b>				
31 Comfesta Inn Kabe コンフェスタ イン 河辺	0428-22-5311	64	¥4,800-	Highly convenient with a bank, supermarket, and convenience store nearby. <b>MAP F-3</b>
32 Guest-house Relaxhome 古民家リラックスホーム	0428-84-0102	10	¥3,500/ Per Person	This Guest-house has quaint atmosphere with traditional Japanese-style house, with affordable Price you can stay without meals. <b>MAP F-3</b>
<b>[Iwakura Onsen Area]</b>				
33 Mamadaya 備多庵(ままだや)	0428-74-4221	35	¥7,710- (+¥150 bath tax)	Popular for its retro interior, healthy food made with local ingredients for local consumption as much as possible, and Cafe Yuba. <b>MAP F-2</b>
<b>Hot Spring Day Spa</b>				
Kabe Onsen Ume no Yu 河辺温泉 梅の湯	0428-20-1026		Base Charge: Adult ¥880	Natural hot spring baths for the whole family. Located close to the station and ideal for a hot spring dip after sightseeing. <b>MAP F-3</b>
<b>River Activities</b> <small>Prior reservation is required for participation</small>				
Facility Name	Address	Phone No.	Offers	
1 Okutama Fishing Center 奥多摩フィッシングセンター	2-333 Mitake, Ome-shi	0428-78-8393	Fishing, Barbeque <b>MAP J</b>	
2 Gravity グラビティ	3-787-9 Yugimachi, Ome-shi	0428-76-0981	Kayaking <b>MAP J</b>	
3 Mitake Racerafting Club みたけレースラフティングクラブ	359 Mitake Honcho, Ome-shi	0428-74-9453	Rafting, Ducky <b>MAP J</b>	
4 Tamagawa Rafting Winds 多摩川ラフティングwinds	2-411-1 Yugimachi, Ome-shi	0428-85-9210	Rafting, Shower-climbing, Ducky <b>MAP D-3</b>	
5 Big Wave Ome (有)ビッグウェーブ青梅店	3-1161 Tomioka, Ome-shi	0428-74-9100	Rafting, Canyoning <b>MAP F-2</b>	
6 Wiz Nature (有)ウィズネイチャー	5-984-31 Baigo, Ome-shi	0428-76-2603	Kayaking <b>MAP D-3</b>	
7 River Base Halau リバーベース Halau	266 Mitake Honcho, Ome-shi	0428-74-9266	Kayaking, Standup paddleboarding <b>MAP J</b>	
8 Concept (有)コンセプト	265 Mitake Honcho, Ome-shi	0428-79-7227	Rafting, Kayaking <b>MAP J</b>	
9 Grandex Mitake Base グランデックス御岳ベース	156-1 Kawai, Okutama-machi, Nishitama-gun	0428-74-9061	Rafting, Canyoning, Standup paddleboarding <b>MAP B-2</b>	
10 Crusoe Rafting クルーソーラフティング	3-921-6 Baigo, Ome-shi	0428-74-9386	Rafting, Kayaking <b>MAP D-3</b>	
11 Splash Tokyo SPLASH東京	803 Kotaba, Okutama-machi, Nishitama-gun	0278-21-1337	Canyoning <b>MAP A-2</b>	
12 Okutama Rafting 奥多摩ラフティング	1-256 Sawai, Ome-shi	0428-74-9007	Rafting <b>MAP F-2</b>	
13 Canyons Okutama キャニオンズ奥多摩	54-1 Kawai, Okutama-machi, Nishitama-gun	0278-72-2811	Canyoning, Back rafting <b>MAP J</b>	
14 Big Smile ビックスマイル	1-178-1 Mitake, Ome-shi	0771-29-5370	Rafting <b>MAP J</b>	
15 Ferry Glide フェリーグライド	Room 102, 266-1 Mitake Honcho, Ome-shi	090-4535-4448	Kayaking <b>MAP J</b>	
16 River Board Club リバーボードクラブ	Room 101, 266-1 Mitake Honcho, Ome-shi	080-6064-6638	Kayaking <b>MAP J</b>	
17 River Joy リバージョイ	30-1 Mitake Honcho, Ome-shi	090-8486-3870	Kayaking <b>MAP J</b>	
18 Susono ぼちぼちアドベンチャー すその	24 Unazawa Okutama-machi, Nishitama-gun	070-3630-0900	Kayaking <b>MAP J</b>	
19 R-labo アールラボ	30-1 Mitake Honcho, Ome-shi	090-9389-2250	Kayaking <b>MAP J</b>	
20 YOU ME Rafting YOU ME ラフティング	3-882 Baigo, Ome-shi	0428-27-5075	Kayaking <b>MAP D-3</b>	

# OME MAP

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**[Legend]**

- ★ Sightseeing Spot
- ♥ Restaurant / Café
- 🏠 Souvenirs
- 🏠 Accommodation
- 🚣 River Activity
- ♨️ Hot Spring Day Spa
- 👣 Hiking Course

